An online guide to the legal and human rights of people navigating the mental health and human service systems in NSW

**Empowering People with Mental Health Conditions**
Assists consumers, families and carers to exercise their civil, political, economic, social and cultural rights.

**Strengthening Organisations**
Building capacity to work within legal and regulatory frameworks across the human service system.

**Supporting Friends and Family**
Helping people to navigate complex service systems and access a diverse range of information and resources.

**Informing the Workforce**
Sharing knowledge and understanding that supports consumers, carers and other supporters.

[www.mhrm.mhcc.org.au](http://www.mhrm.mhcc.org.au)